

## The Ark

### Personal, Social & Emotional Policy

We give guidance to children about personal, social and emotional development in ways appropriate to their age and stage of development, as follows:

#### Ages 2 – 5 years

- Identifying and naming feelings
- The importance of keeping clean
- Awareness of similarities and differences between people
- The consequences of children's words and actions on others and recognising that bullying is wrong
- Social skills such as sharing, taking turns, playing, helping others, resolving conflict, as well as recognising and resisting bullying

#### Ages 5 – 7 years

- Themselves as individuals and as members of their communities
- The basic rules and skills for keeping healthy and safe
- Their feelings, views, needs and rights. They learn to recognise those of others
- Taking responsibility for themselves and their environments

#### Ages 7 – 11 years

- Themselves as growing and changing individuals with their own experiences and ideas, and as members of communities
- Staying healthy and safe, managing risk
- The wider world and the interdependence of communities within it
- Social justice and moral responsibility
- How their own choices and behaviour can affect local, national or global issues and political and social institutions
- How to make more confident and informed choices about their health, behaviour and environment
- Taking more responsibility, individually and as a group, for their own learning
- Defining and resisting bullying

#### Sex and Relationships

We aim to answer children's questions as honestly as possible according to their ages, emotional development and level of understanding with regard to:

- The physical development of their bodies as they grow into adults
- Respect for their own bodies
- The importance of family life and building relationships with others, involving trust and respect
- The importance of self-control
- Moral questions
- Appreciation that people are not all the same
- Respect for the views of other people

Within this context we will challenge inappropriate language and behaviour.